

# Crisis Stabilization Flash Cards



LAKEMARY  
CENTER

**These symbol flash cards were created as a tool to assist officers, first responders and emergency personnel when interacting with any individual for whom clear speech is difficult or impossible.**

## **Who is it for?**

- ★ Autism
- ★ Learning Disabilities
- ★ Spoken Language Disorders
- ★ Poor Articulation Due to Cerebral Palsy, Stroke, Traumatic Injury
- ★ Non-English Speakers
- ★ Deaf Individuals
- ★ Patients with Alzheimer's or Similar Syndromes
- ★ Lost or Frightened Children

# How to use these cards

These cards were developed as a means to support two-way conversation. To gather information from individuals who cannot communicate easily, simply show the individual the card, point to an appropriate picture and verbally ask the question that fits the symbol.

It is important for the professional to consider that the individual, although nonverbal, may be able to read, write or use a keyboard to answer questions. Offering access to a keyboard, paper and pencil/pen could provide the best possible response to questions.

Place the card directly in front of the individual or hand it to him/her. Then ask the individual to point to a selection while asking an appropriate question. The individual may just point without comment or gesture, you need to be alert to this possibility.

Interacting with individuals with a communication difficulty can be frustrating, but with your use of the symbol card, such interaction can be easier and more efficient.

# Pain Scale



no pain

1

2

mild pain

3

4

moderate  
pain

5



severe  
pain

6

7

very  
severe  
pain

8

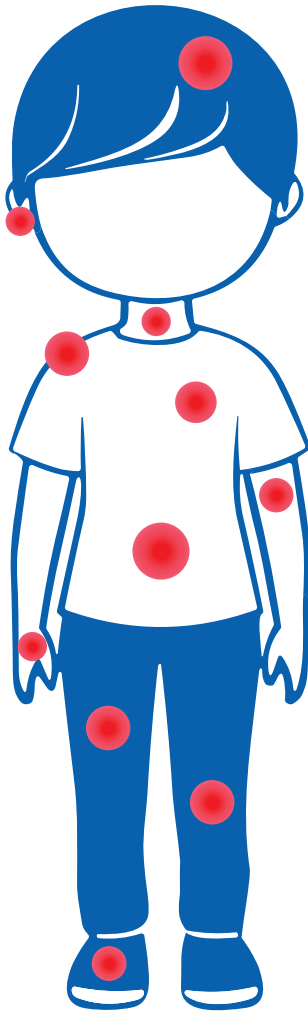
9

worst pain  
possible

10



**Can you  
point to  
your pain?**

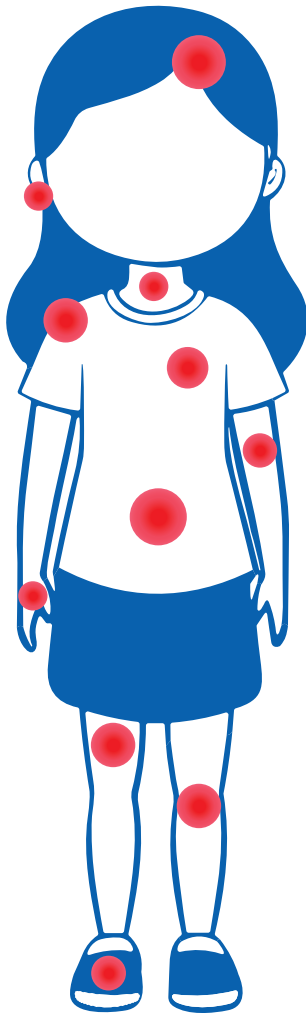


cold



hot

**Can you  
point to  
your pain?**



cold



hot

# Ask me a yes/no question

yes



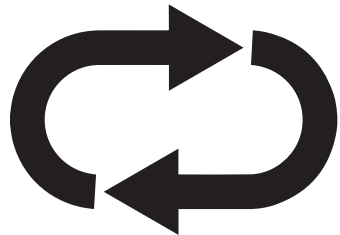
no



I don't know



please repeat

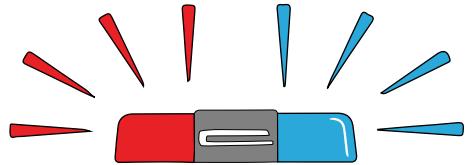


# Sensory

I don't like loud sounds



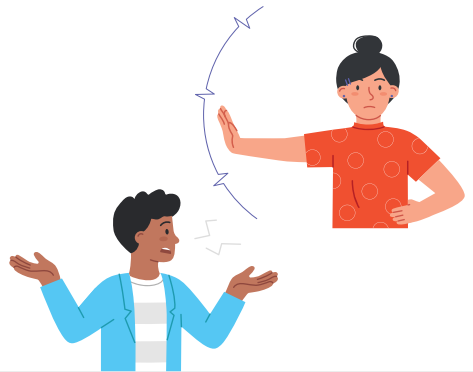
I don't like bright lights



I don't like to be touched



I need space





yes



happy



mom



stop



no



sad



dad



I don't know



I need help



I am angry



brother



I need  
drink/eat



I feel



hurt



sister



bathroom



Your name?



Contact relative



We're here  
to help



Your number?

(555) 555-5555



Stay with me



Go to police  
station



Your address?



Speak  
Slower



Sit down in  
police car



Your birthdate?



I'm scared



Lie down in  
ambulance

