


**Lakemary Fall/Winter MENU**  
**WEEK #1**  
**February 10 through February 16, 2025**

| <b>Monday</b>  | <b>Tuesday</b>  | <b>Wednesday</b>  | <b>Thursday</b>  | <b>Friday</b>   | <b>Saturday</b>  | <b>Sunday</b>   |
|--|---|---|--|---|--|---|
| <b><u>Breakfast</u></b><br><br>Whole Grain Cereal<br>Sausage Breakfast<br>Sandwich<br>Diced Pears<br>Fruit juice choice<br>Milk Choice | Whole Grain Cereal<br>Biscuit & Gravy<br>Fresh Orange<br>Fruit Juice Choice<br>Milk Choice      | Excellent Egg Taco<br>w/ tomato salsa<br>Whole Grain Cereal<br>Blueberries<br>Fruit Juice Choice<br>Milk Choice | Chicken & Biscuit<br>Sandwich<br>Mixed Fruit Cup<br>Fruit Juice Choice<br>Whole Grain Cereal | Pancake on a Stick<br>Strawberries<br>Whole Grain Cereal<br>Fruit Juice Choice<br>Milk Choice                         | Whole Grain Muffin<br>Egg Patty<br>Applesauce Cup<br>Whole Grain Cereal<br>Fruit Juice Choice<br>Milk Choice | Whole Grain Blueberry<br>Bread<br>Banana<br>Whole grain Cereal<br>Juice Choice<br>Milk Choice                                 |
| <b><u>Lunch</u></b><br><br>Pork Rib on Bun<br>Dark Green Lettuce<br>Tomato Slice<br>Sweet Potato Puff<br>Fresh Apple<br>Milk Choice    | Taco Soup<br>Tortilla Chips<br>Tomato Salsa<br>Refried Beans<br>Diced Pears<br>Milk Choice      | Mini Corn Dogs<br>Steamed Broccoli<br>Tater tots<br>Apple Salad<br>Snickerdoodle<br>Milk Choice                 | Super Nachos<br>Tortilla Chips<br>Salsa<br>Green Beans<br>Honey Dew Melon<br>Milk Choice     | Cowboy Cavatini<br>Whole Wheat Roll<br>Seasoned Corn<br>Garden Salad<br>Salad dressing<br>Peach Slices<br>Milk Choice | Grilled Chicken<br>Sandwich<br>Banana<br>Raisins<br>Romaine Lettuce<br>Tomato<br>Peas<br>Milk Choice         | Macaroni & Cheese<br>Meatballs<br>Whole Grain Roll<br>Jelly<br>Edamame<br>Cooked Carrots<br>Fresh Strawberries<br>Milk Choice |
| <b><u>Supper</u></b><br><br>Beef Fingers<br>Mashed Potatoes<br>Brown Gravy<br>Dinner Roll<br>Green Beans<br>Fresh grapes<br>Milk       | Chicken Alfredo w/<br>a Twist<br>Steamed Broccoli<br>Garlic Bread Stick<br>Peach Slices<br>Milk | <b>Cook's Choice</b><br><br> | Sweet & Sour Pork<br>Steamed Rice<br>Green Peas<br>Pineapple Chunks<br>Milk                  | Tatertot Casserole<br>Cooked Carrots<br>Dinner roll<br>Raspberries  | Fish Sticks<br>Hushpuppies<br>ColeSlaw<br>Chips<br>Orange<br>Snickerdoodle Cookie                            | Roast Beef & Provolone<br>Sandwich<br>Broccoli Rice Casserole<br>Fresh Apple<br>Celery Sticks w/ Ranch<br>dressing            |

"This institution is an equal opportunity provider."

\*Menu subject to change

