

# BIOMETRIC SCREENING EVENT- PAOLA

**Date:** Wednesday, March 26, 2025

**Time:** By appointment from 6:30am- 4:30pm

**Scheduling Link:** <https://outlook.office365.com/book/BiometricScreeningEventPaola@lakemary.org/>

**Location:** Lakemary Center- Ursa Large Conference Room (100 Lakemary Dr. Paola, KS 66071)

**Description:** Employee Wellness is offering free biometric screenings to Lakemary employees. The biometric screenings are voluntary and will be hosted by our Children's and Adult's Nursing staff. Measurements being collected include height, weight, waist circumference, blood pressure, pulse, total cholesterol, LDL, HDL, and glucose. Your health information will remain confidential, as required by HIPAA. The purpose of these screenings is to provide you with information and education about your current health. In addition, this event provides you with the convenient opportunity to fulfill one of three eligibility requirements for the incentive of a discounted gym membership. To find out more about this incentive and other employee wellness resources, visit- <https://lakemary.org/employee-wellness/>.

**Important Notes:** Please arrive at the time of your scheduled appointment, there will be some paperwork to complete before your measurements are collected. Blood testing will be completed via finger-stick. Although fasting 10-12 hours in advance is not required, it is highly recommended.

If you have any questions or concerns, please reach out to Employee Wellness at [grace.davis@lakemary.org](mailto:grace.davis@lakemary.org) or call (913) 359-5424.