


**Lakemary Spring/Summer MENU
WEEK #3**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast Mini Confetti Pancake Sugar Free Syrup Whole Grain Cereal Fresh apple Juice Milk	French toast sticks Sugar Free Syrup Fruit cocktail Whole Grain Cereal Juice Milk	Scrambled eggs WG Blueberry Muffin Fresh Orange Whole Grain Cereal Juice Milk	Scrumptious Coffeecake Rosy Applesauce Whole Grain Cereal Juice Choice Milk Choice	Yogurt with Strawberry bits and granola topping Whole Grain Cereal Juice Choice Milk Choice	Egg patty Hashbrown Banana Whole Grain Cereal Juice Milk Choice	Cinnamon Mini Bagel pull apart Peach Halves Whole Grain Cereal Juice Milk Choice
Lunch Cowboy Cavatini WG roll w/jelly Seasoned corn Salad Dressing Fresh Strawberries Milk Choice	Pork Rib on bun Leaf lettuce Tomato Sweet potato puffs Fresh Watermelon Milk Choice	Sloppy Joe on bun Roasted red potatoes Edamame Fresh apple Milk Choice	Chicken Nuggets WG Roll w/jelly Mash potato Gravy Salad Dressing Fresh pear Milk Choice	Mini Corndogs Green beans Tater tots Ketchup Summer Fruit Salad Snickerdoodle Milk Choice	Mini Meatball Sub Red potato wedges Salad Dressing Blueberries Milk Choice	Cheese Pizza Steamed Broccoli Orange Raisins Milk Choice
Supper Chicken Strips w/ BBQ sauce Coleslaw Sun Chips Banana Milk	Breakfast pizza Tri tater Cherry tomatoes Wango mango juice Fruit cup Milk	Cook's Choice 	Crispy Beef Taco Shredded lettuce/ Tomato Cheese, Salsa Spanish Brown Rice Pineapple Tidbits Milk	Roast beef sandwich Pasta Salad Corn on the cob Fruit Cocktail Milk	Pizza Casserole Mixed veggies Garlic bread Apple slices Milk Choice	Chil Cheese Coney Fritos Diced Pears Baby Carrots Hummus Milk Choice

"This institution is an equal opportunity provider."

*Menu subject to change