

Lakemary Spring/Summer MENU

WEEK #2

Fresh Fruit offered as alternate at all Lunch Meals

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>Breakfast</u> WW Bagel w/ cream cheese Or Muffin/cheese combo Peach Slices Juice Choice Milk Choice Cereal WG	Bacon Cheese Bagel Pizza Or Muffin/cheese combo Raisins Juice Choice Milk Choice WG Cereal	Scrumptious Coffeecake Or Muffin/cheese combo Blackberries Whole Grain Cereal Juice Choice Milk Choice	Egg & cheese breakfast scrambler or Muffin/cheese combo Apricot halves Juice Choice Milk Choice Whole Grain Cereal	Breakfast Combo Bar Or Muffin/cheese combo Blueberries Gogurt Juice Choice Whole Grain Cereal Milk Choice	Cinnamon Toast Crunch Snack Bar Or Muffin/cheese combo Banana Juice Milk Whole grain Cereal	Mini Blueberry Waffles SF Syrup Or Muffin/cheese combo Diced Peaches Juice Milk WG Cereal
<u>Lunch</u> Turkey Cheese Sub Or Uncrustable bundle Lettuce & Tomato Lite mayo Sweet Potato Fries ketchup Apple Milk Choice	Bean & Cheese Burrito Tortilla Chips Salsa Or Turkey sandwich Chopped Romaine /Tomato Fiesta Black Bean & Corn Summer Fruit Salad Milk Choice	Macaroni Cheese Meatballs Or Uncrustable bundle WG Roll w/jelly Peas & Carrots Grapes Milk Choice	Hamburger on bun Or Turkey sandwich Lettuce & Tomato Fries Strawberries & Bananas Milk Choice	Pizza Chicken Quesadilla w/ marinara Or Uncrustable bundle Tortilla Chips Pepper Strips Refried Beans Cantaloupe Milk Choice	BBQ Beef on Bun Or Turkey sandwich Cucumbers w/ ranch Baked beans Fruit Cocktail Milk Choice	Chicken Nuggets w/ Sweet n Sour Sauce Or Turkey sandwich Steamed Broccoli Seasoned Brown Rice Mandarin Oranges Milk Choice
<u>Supper</u> Pasta with meat sauce Salad Corn Banana Garlic Breadstick Milk	Mini Corn Dogs Zucchini Tomatoes Potato Salad Fresh Orange Milk	Cook's Choice 	Baked Potato Ham Cheese Sour Cream Steamed Broccoli Fresh apple	Chicken Strips w/ BBQ sauce Mashed Potato Green Beans Peach Parfait Milk	Hoagies/Fixings Veggie Chips Coleslaw Blackberries Milk Choice	Lasagna Corn Garlic Breadstick Fruited Jello Milk

"This institution is an equal opportunity provider."

*Menu subject to change