

# Lakemary Spring/Summer MENU

## WEEK #2

Fresh Fruit offered as alternate at all Lunch Meals

| Monday                                                                                                                                                          | Tuesday                                                                                                                                                               | Wednesday                                                                                                             | Thursday                                                                                                                              | Friday                                                                                                                                                | Saturday                                                                                                       | Sunday                                                                                                                                       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|
| <b><u>Breakfast</u></b><br><br>WW Bagel w/ cream cheese<br>Or Muffin/cheese combo<br>Peach Slices<br>Juice Choice<br>Milk Choice<br>Cereal WG                   | Bacon Cheese Bagel Pizza<br>Or Muffin/cheese combo<br>Raisins<br>Juice Choice<br>Milk Choice<br>WG Cereal                                                             | Scrumptious Coffeecake<br>Or Muffin/cheese combo<br>Blackberries<br>Whole Grain Cereal<br>Juice Choice<br>Milk Choice | Egg & cheese breakfast scrambler or<br>Muffin/cheese combo<br><br>Apricot halves<br>Juice Choice<br>Milk Choice<br>Whole Grain Cereal | Breakfast Combo Bar Or<br>Muffin/cheese combo<br>Blueberries<br>Gogurt<br>Juice Choice<br>Whole Grain Cereal<br>Milk Choice                           | Cinnamon Toast Crunch Snack Bar<br>Or Muffin/cheese combo<br>Banana<br>Juice<br>Milk<br>Whole grain Cereal     | Mini Blueberry Waffles<br>SF Syrup<br>Or Muffin/cheese combo<br>Diced Peaches<br>Juice<br>Milk<br>WG Cereal                                  |
| <b><u>Lunch</u></b><br><br>Turkey Cheese Sub<br>Or Uncrustable bundle<br>Lettuce & Tomato<br>Lite mayo<br>Sweet Potato Fries<br>ketchup<br>Apple<br>Milk Choice | Bean & Cheese Burrito<br>Tortilla Chips<br>Salsa<br>Or<br>Turkey sandwich<br>Chopped Romaine /Tomato<br>Fiesta Black Bean & Corn<br>Summer Fruit Salad<br>Milk Choice | Macaroni Cheese Meatballs<br>Or Uncrustable bundle<br><br>WG Roll w/jelly<br>Peas & Carrots<br>Grapes<br>Milk Choice  | Hamburger on bun<br>Or<br>Turkey sandwich<br>Lettuce & Tomato<br>Fries<br>Strawberries & Bananas<br>Milk Choice                       | Pizza Chicken<br>Quesadilla w/ marinara<br>Or Uncrustable bundle<br><br>Tortilla Chips<br>Pepper Strips<br>Refried Beans<br>Cantaloupe<br>Milk Choice | BBQ Beef on Bun<br>Or<br>Turkey sandwich<br>Cucumbers w/ ranch<br>Baked beans<br>Fruit Cocktail<br>Milk Choice | Chicken Nuggets w/ Sweet n Sour Sauce<br>Or<br>Turkey sandwich<br>Steamed Broccoli<br>Seasoned Brown Rice<br>Mandarin Oranges<br>Milk Choice |
| <b><u>Supper</u></b><br><br>Pasta with meat sauce<br>Salad<br>Corn<br>Banana<br>Garlic Breadstick<br>Milk                                                       | Mini Corn Dogs<br>Zucchini Tomatoes<br>Potato Salad<br>Fresh Orange<br>Milk                                                                                           | <b>Cook's Choice</b><br><br>       | Baked Potato<br>Ham<br>Cheese<br>Sour Cream<br>Steamed Broccoli<br>Fresh apple                                                        | Chicken Strips w/ BBQ sauce<br>Mashed Potato<br>Green Beans<br>Peach Parfait<br>Milk                                                                  | Hoagies/Fixings<br>Veggie Chips<br>Coleslaw<br>Blackberries<br>Milk Choice                                     | Lasagna<br>Corn<br>Garlic Breadstick<br>Fruited Jello<br>Milk                                                                                |

"This institution is an equal opportunity provider."

\*Menu subject to change