Lakemary Fall/Winter School Year 2026-2027
MENU WEEK #1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast Apple Filled Magic Ring Donut or muffin with cheese Fresh Blueberries Whole Grain Cereal Juice Choice Milk Choice	Biscuit & gravy or muffin with cheese Fresh orange Whole Grain Cereal Fruit Juice Choice Milk Choice	Breakfast Wrap w/ tomato salsa or muffin with cheese Mixed Fruit cup Whole Grain Cereal Fruit Juice Choice Milk Choice	Oatmeal or muffin with cheese Raisins Hard Boiled Egg Fruit Juice Choice Milk Choice	Pancake on a Stick Sugar Free Syrup or muffin with cheese Raspberries Whole Grain Cereal Fruit Juice Choice Milk Choice	Banana Bread slice or muffin with cheese Pear cup Whole Grain Cereal Fruit Juice Choice Milk Choice	Whole Grain Blueberry Bread or muffin with cheese Strawberry Applesauce c Whole Grain Cereal Juice Choice Milk Choice
Lunch Pork Rib on Bun Or Uncrustable bundle Dark Green Lettuce Tomato Slice Roasted Sweet Potato BBQ packet Fresh Apple Milk Choice	Taco Soup Corn Muffin Or Turkey sandwich Refried Beans Fresh Pear Milk Choice	Mini Corn Dogs Or Uncrustable bundle Steamed Broccoli Tater Squares Ketchup Honeydew Melon Snickerdoodle Milk Choice	Super Nachos w/ Salsa Or Turkey sandwich Green Beans Grape/cherry tomatoes Fresh Grapes Milk Choice	Macaroni & Cheese Meatballs Or Uncrustable bundle Whole Wheat Roll Peas Rosy applesauce Milk Choice	Grilled Chicken Sandwich Or Turkey sandwich Salad Grape Tomatoes Salad Dressing Peach Slices Goldfish Pretzels Milk Choice	Hot dog on bun Or Turkey sandwich Bread Edamame Potato Tater Squares Ketchup/Mustard Fresh Blueberries Milk Choice
Supper Open Faced Turkey Sandwich w/ gravy Dressing Steamed Peas Sliced Peaches	Chicken Alfredo w/ a Twist Green Beans Garlic Bread Stick Fresh Raspberries Milk	Cook's Choice 	Popcorn Shrimp Hush Puppies Coleslaw Chips Pear Slices	Mojo Pulled Pork with corn tortillas Steamed Carrots Pineapple Chunks Milk	Tater tot Casserole Winter Mix Vegetables Strawberries Dinner Roll	Meatloaf with BBQ gravy Roasted redskin potato chunks Hawaiian Roll Seasoned Corn Peach Slices Milk

"This institution is an equal opportunity provider."

**Menu subject to change*