

**BREAKFAST & LUNCH MENUS**  
**WEEK #2 LAKEMARY**  
**Aug 10-16, 2020**

Monday 8/10	Tuesday 8/11	Wednesday 8/12	Thursday 8/13	Friday 8/14	Saturday 8/15	Sunday 8/16
<b><u>Breakfast</u></b> English Muffin Egg Patty Tropical Fruit Cereal 100% Fruit Juice Milk Choice	Breakfast Pizza Fresh Banana Cereal 100% Fruit Juice Milk Choice	Egg White Frittata w/ Salsa Diced Pineapple Cereal 100% Fruit Juice Milk Choice	Breakfast Potatoes & Eggs Applesauce Cereal 100% Fruit Juice Milk Choice	Mini Cinnamon Roll Fresh Citrus Fruit Cup Cereal 100% Fruit Juice Milk Choice	Hard-Cooked Egg Cheese Stick Fresh Orange Cereal 100% Fruit Juice Milk Choice	Whole Grain Pancakes Chicken Sausage Diced Pear Bowl Cereal 100% Fruit Juice Milk Choice
<b><u>Lunch</u></b> Chicken Egg Rolls sweet & sour sauce Steamed Rice Edamame Salad Stir-Fry Veggies Fresh Apple Milk Choice	Sloppy Joe on a Bun Potato Salad Mixed Vegetables Tiramisu Mousse Cake Fresh Orange Dried Fruit Blend Milk Choice	Pig in a Blanket Baked Beans Broccoli w/ Cheese Toasted Wheat Thins Fresh Cantaloupe Milk Choice	Summer Soft Tacos Shredded Romaine Salsa Chips & Guacamole Refried Beans Spanish Brown Rice Fresh Pear Milk Choice	Fun-in-the-Sea Fish Nuggets tartar sauce Green Peas Fresh Cauliflower Ciabatta Frozen Fruity Cup Summer Fruit Salad Milk Choice	Meat & Cheese Calzone w/ Marinara Dipping Sauce Sun Chips Tossed Salad Fresh Grapes Milk Choice	Hoagie Sandwich Lettuce Tomato Slices Garlic & Herb Pasta w/ Flame-Roasted Veggies Fresh Strawberries Milk Choice
<b><u>Supper</u></b> Crisпитos Baked Zucchini Sticks Cottage Cheese Graham Crackers Diced Peach Bowl Milk	Chicken Drumsticks Italian Pasta Salad Green Beans Pita Chips Sliced Pears Milk	Cook's Choice Carrots & Hummus Multigrain Chips Elf Grahams Mixed Fruit Bowl Milk	Philly Steak Sandwich Broccoli & Cauliflower w/ Cheese sauce Berrycino Mousse Fresh Banana Milk	Goulash Golden Corn Cheese Focaccia Cookies Apricot Halves Milk	Cheeseburger on Bun Sliced Tomatoes Tater Tots Mini Rice Krispie Treat Strawberry Pineapple Gelatin Milk	Corn Dogs Corn Chips 3-Bean Salad Pudding Mandarin Oranges Milk

"This institution is an equal opportunity provider."

*\*Menu subject to change*