

BREAKFAST & LUNCH MENU
WEEK #1 LAKEMARY
Aug 3-9, 2020

Monday 8/3	Tuesday 8/4	Wednesday 8/5	Thursday 8/6	Friday 8/7	Saturday 8/8	Sunday 8/9
<u>Breakfast</u> Sausage Pancake on a Stick Diced Pear Bowl Cereal 100% Fruit Juice Milk Choice	Breakfast Pita Tropical Fruit Cereal 100% Fruit Juice Milk Choice	Whole Grain Waffles w/ PB Diced Peaches Cereal 100% Fruit Juice Milk Choice	Breakfast Casserole Pineapple & Strawberries Cereal 100% Fruit Juice Milk Choice	Kansas Granola Bar Apricot Halves Cereal 100% Fruit Juice Milk Choice	Western Omelet w/ Salsa Fresh Orange Cereal 100% Fruit Juice Milk Choice	Bagel w/ cream cheese Fresh Banana Cereal 100% Fruit Juice Milk Choice
<u>Lunch</u> Pepperoni Pizza Garden Salad Croutons Cherry Tomatoes Fresh Apple Mallow Dream Dessert Milk Choice	Oven-Baked Chicken Nuggets Sweet Potato Fries Zucchini & Tomatoes Pita Chips Fresh Pear Milk Choice	Sluggers BBQ Drumsticks Cheese Focaccia Baked Beans Celery Sticks Fresh Cantaloupe Milk Choice	Cheeseburger on Bun Sliced Dill Pickles Corn on the Cob Seasoned Potato Wedges Mango Cubes Cherry Italian Ice Milk Choice	Spaghetti w/ Meat Sauce Garlic Breadstick Balsamic Roasted Brussels Sprouts Fresh Banana Dried Apricots Milk Choice	Grilled Cheese Sandwich Soup Veggie Power Slaw Sunflower seeds Fresh Apple Milk Choice	Pork Rib on Whole Wheat Bun Lettuce Tomato Slices California Vegetables Multigrain Chips Fresh Grapes Milk Choice
<u>Supper</u> Chicken Enchilada Mexican-Style Pinto Beans Cheesy Cauliflower Vanilla Wafers Peach & Crème Parfait Milk	Fish Sandwich on Bun Tartar Sauce Potato Chips Coleslaw Fresh Banana Milk	<i>Cook's Choice</i> Steamed Broccoli Roasted Chickpeas Pudding Fruit Mix Bowl Milk	PB&J Uncrustables Baby Carrots Cottage Cheese Cookies Mandarin Oranges Milk	Beef & Bean Burritos Romaine Salad Mexican Corn Tiramisu Mousse Cake Mixed Berry Applesauce Cups Milk	Lasagna Tossed Salad Pickled Beets Angel Food Cake w/ Whip Topping & Strawberries Milk	Bosco Sticks w/ Marinara Sauce 3-Bean Salad Cherry Cobbler Diced Pears Milk

"This institution is an equal opportunity provider."

*Menu subject to change