

**BREAKFAST & LUNCH MENU**  
**WEEK #1 LAKEMARY**  
**Sept 14-20, 2020**

<b>Monday 9/14</b>	<b>Tuesday 9/15</b>	<b>Wednesday 9/16</b>	<b>Thursday 9/17</b>	<b>Friday 9/18</b>	<b>Saturday 9/19</b>	<b>Sunday 9/20</b>
<b><u>Breakfast</u></b> Sausage Pancake on a Stick Diced Pear Bowl Cereal 100% Fruit Juice Milk Choice	EGGcellent Taco Tropical Fruit Cereal 100% Fruit Juice Milk Choice	Whole Grain Waffles w/ PB Diced Peaches Cereal 100% Fruit Juice Milk Choice	Berry Yogurt Parfait Cereal 100% Fruit Juice Milk Choice	Breakfast Bagel Sandwich Apricot Halves Cereal 100% Fruit Juice Milk Choice	Hashbrown & Eggs Fresh Orange Cereal 100% Fruit Juice Milk Choice	Bagel w/ cream cheese Fresh Banana Cereal 100% Fruit Juice Milk Choice
<b><u>Lunch</u></b> Pepperoni Pizza Garden Salad Croutons Red Pepper Strips Mallow Dream Dessert Fresh Apple Slices Milk Choice	Oven-Baked Chicken Nuggets Curly Fries Steamed Carrots Pita Chips Fresh Pear Milk Choice	Sluggers BBQ Drumsticks Cheese Focaccia Baked Beans Cucumber Slices Fresh Cantaloupe Milk Choice	Cheeseburger on Bun Sliced Dill Pickles Corn on the Cob Seasoned Potato Wedges Mango Cubes Cherry Italian Ice Milk Choice	Spaghetti w/ Meat Sauce Garlic Breadstick Romaine Salad Fresh Banana Dried Apricots Milk Choice	The Best Chili Ever Cinnamon Roll Corn Salad Celery Sticks Fall Fruit Salad Milk Choice	Pork Rib on Whole Wheat Bun Lettuce Tomato Slices California Vegetables Multigrain Chips Fresh Grapes Milk Choice
<b><u>Supper</u></b> Ham & Potatoes Green Beans Wheat Dinner Roll Vanilla Wafers Peach & Crème Parfait Milk	Enchilada Casserole Tortilla Chips Guacamole Red & Green Bell Pepper Strips Fresh Banana Milk	<b><i>Cook's Choice</i></b> Steamed Broccoli Cottage Cheese Pudding Pineapple Delight Milk	Orange Chicken Vegetable Egg Roll Fried Rice Oriental Vegetables Fortune Cookie Mandarin Oranges Milk	Soft Tacos w/ lettuce, tomato, cheese, & salsa Refried Beans Blushing Pears Milk	Lasagna Tossed Salad Pickled Beets Angel Food Cake w/ Whip Topping & Strawberries Milk	Bosco Sticks w/ Marinara Sauce 3-Bean Salad Cherry Cobbler Diced Pears Milk

"This institution is an equal opportunity provider."

\*Menu subject to change