

BREAKFAST & LUNCH MENU
WEEK #3 LAKEMARY
Sept 7-13, 2020

Monday 9/7	Tuesday 9/8	Wednesday 9/9	Thursday 9/10	Friday 9/11	Saturday 9/12	Sunday 9/13
<u>Breakfast</u> Cheese Omelet Mixed Berry Applesauce Cup Cereal 100% Fruit Juice Milk Choice	French Toast Sticks Diced Peaches Cereal 100% Fruit Juice Milk Choice	Breakfast Sausage Skillet Strawberries & Pineapple Cereal 100% Fruit Juice Milk Choice	Biscuit & Gravy Diced Pears Cereal 100% Fruit Juice Milk Choice	Coffeecake Mandarin Oranges Cereal 100% Fruit Juice Milk Choice	Oatmeal w/ brown sugar Raisins Cereal 100% Fruit Juice Milk Choice	Breakfast Burrito Fresh Banana Cereal 100% Fruit Juice Milk Choice
<u>Lunch</u> BBQ Beef Sliders Potato salad Corn on the Cob Fresh Mixed Fruit Lemonade Milk Choice	Cowboy Cavatini Tortilla Chips Guacamole Fiesta Black Beans Mexican Churro Fresh Apple Milk Choice	Hot Ham & Cheese on a Whole Grain Bun Sliced Beets Veggie Power Slaw Fresh Orange Frozen Fruit Cup Milk Choice	Cheesy Tuna Noodles Fresh Red & Green Bell Pepper Strips Steamed Corn Multigrain Chips Fresh Strawberries Milk Choice	Kitchen-Fav Meatloaf Mashed Potatoes & Gravy Dinner Roll w/ butter Green Beans Fresh Pear Milk Choice	Meatball Stroganoff Parmesan Garlic Cauliflower Sun Chips Fresh Mix Fruit Cup Milk Choice	Chicken Quesadilla Cilantro Lime Rice Fresh Broccoli w/ Light Ranch Dip Pita Chips Fresh Grapes Milk Choice
<u>Supper</u> Bratwurst Macaroni Salad Fried Cabbage Berrycino Mousse Watermelon Milk	Little Smokies Mac & Cheese Whole Wheat Roll Calico Beans Fruited Gelatin Milk	<i>Cook's Choice</i> Steamed Broccoli Cheese Focaccia Oatmeal Crème Pie Mixed Fruit Bowl Milk	Chili Cheese Coney French Fries Honey-Glazed Carrots Spicy Apples Milk	Cheese Pizza Garlic Breadsticks Salad w/ Housemade Ranch Pretzel Salad Milk	Whole Grain Chicken Breast Strips 3-Bean Salad Sweet Potato Chips Cookie Applesauce Milk	Ravioli Garlic Toast Peas & Carrots Animal Crackers Diced Peach Bowl Milk

"This institution is an equal opportunity provider."

*Menu subject to change