

BREAKFAST & LUNCH MENU
WEEK #1 LAKEMARY
Oct 26 - Nov 1, 2020

Monday 10/26	Tuesday 10/27	Wednesday 10/28	Thursday 10/29	Friday 10/30	Saturday 10/31	Sunday 11/1
<u>Breakfast</u> Pancake-Wrapped Sausage Diced Pear Bowl Cereal 100% Fruit Juice Milk Choice	EGGcellent Taco Tropical Fruit Cereal 100% Fruit Juice Milk Choice	Whole Grain Waffles w/ PB Strawberries Cereal 100% Fruit Juice Milk Choice	Berry Yogurt Parfait Cereal 100% Fruit Juice Milk Choice	Bagel Pizza Diced Peaches Cereal 100% Fruit Juice Milk Choice	Hashbrown & Eggs Fresh Orange Cereal 100% Fruit Juice Milk Choice	Bagel w/ cream cheese Fresh Banana Cereal 100% Fruit Juice Milk Choice
<u>Lunch</u> Calzone w/ Marinara Garden Salad Croutons Red Pepper Strips Mallow Dream Dessert Fresh Apple Slices Milk Choice	Oven-Baked Chicken Nuggets Curly Fries Steamed Carrots Pita Chips Fresh Pear Milk Choice	Cheeseburger on Bun Sliced Dill Pickles Corn on the Cob Seasoned Potato Wedges Mango & Pineapple Dried Fruit Blend Milk Choice	BBQ Drumsticks Cheese Focaccia Baked Beans Mixed Vegetables Fresh Cantaloupe Milk Choice	Spaghetti w/ Meat Sauce Garlic Breadstick Romaine Salad Fresh Banana Craisins Milk Choice	The Best Chili Ever Saltine Crackers Cornbread Bowl Corn Salad Celery Sticks Fall Fruit Salad Milk Choice	Pork Rib on Whole Wheat Bun Lettuce Tomato Slices California Vegetables Multigrain Chips Fresh Grapes Milk Choice
<u>Supper</u> Chicken Patty on Whole Grain Bun Potato Smiles w/ Ketchup Green Beans Vanilla Wafers Mandarin Oranges Milk	Corn Dogs Corn Chips Steamed Broccoli Pudding Peach & Crème Parfait Milk	<i>Cook's Choice</i> Baby Carrots Hummus Toasted Wheat Thins Fresh Banana Milk	Steak Quesadilla Tortilla Chips Guacamole Lettuce Salad Fruit Mix Bowl Milk	PB&J Uncrustables Celery Sticks Cottage Cheese Cookies Pineapple Tidbits Milk	Lasagna Tossed Salad Pickled Beets Angel Food Cake w/ Whip Topping & Strawberries Milk	Bosco Sticks w/ Marinara Sauce 3-Bean Salad Cherry Cobbler Pear Halves Milk

"This institution is an equal opportunity provider."

*Menu subject to change