

BREAKFAST & LUNCH MENU
WEEK #1 LAKEMARY
Nov 16-22, 2020

Monday 11/16	Tuesday 11/17	Wednesday 11/18	Thursday 11/19	Friday 11/20	Saturday 11/21	Sunday 11/22
<u>Breakfast</u> Pancake-Wrapped Sausage Diced Pear Bowl Cereal 100% Fruit Juice Milk Choice	EGGcellent Taco Tropical Fruit Cereal 100% Fruit Juice Milk Choice	Whole Grain Waffles w/ PB Strawberries Cereal 100% Fruit Juice Milk Choice	Berry Yogurt Parfait Cereal 100% Fruit Juice Milk Choice	Kansas Granola Bar Diced Peaches Cereal 100% Fruit Juice Milk Choice	Hashbrown & Eggs Fruit Mix Bowl Cereal 100% Fruit Juice Milk Choice	Bagel w/ cream cheese Fresh Banana Cereal 100% Fruit Juice Milk Choice
<u>Lunch</u> Stuffed-Crust Pizza Garden Salad Croutons Red Pepper Strips Mallow Dream Dessert Fresh Apple Slices Milk Choice	Pork Rib on Whole Wheat Bun Lettuce Tomato Slices Baked Beans Multigrain Chips Fresh Orange Fruit Cocktail Milk Choice	Roast Turkey Stuffing Green Bean Casserole Mashed Potatoes Turkey Gravy Dinner Roll Cranberry Sauce Pie Milk Choice	Cheeseburger on Bun Sliced Dill Pickles Corn on the Cob Seasoned Potato Wedges Strawberries & Pineapple Milk Choice	Chicken Burrito Spanish Brown Rice Baby Carrots Romaine Salad Fresh Banana Cherry Applesauce Milk Choice	The Best Chili Ever Saltine Crackers Cornbread Muffin Corn Salad Celery Sticks Fresh Apple Milk Choice	Chicken Alfredo Italian Vegetables Garlic Breadstick Fresh Grapes Tiramisu Milk Choice
<u>Supper</u> Ham & Potatoes Green Beans Wheat Dinner Roll Vanilla Wafers Peach & Crème Parfait Milk	Enchilada Casserole Tortilla Chips Guacamole Spinach Salad Fresh Banana Milk	<i>Cook's Choice</i> Steamed Broccoli 3-Bean Salad Toasted Wheat Thins Pineapple Delight Milk	Orange Chicken Fried Rice Oriental Vegetables Fortune Cookie Mandarin Oranges Milk	Soft Tacos w/ lettuce, tomato, cheese, & salsa Refried Beans Blushing Pears Milk	Lasagna Tossed Salad Pickled Beets Angel Food Cake w/ Whip Topping & Strawberries Milk	Bosco Sticks w/ Marinara Sauce 3-Bean Salad Cherry Cobbler Diced Pears Milk

"This institution is an equal opportunity provider."

**Menu subject to change*