

BREAKFAST & LUNCH MENU
WEEK #3 LAKEMARY
Nov 30 – Dec 6, 2020

Monday 11/30	Tuesday 12/1	Wednesday 12/2	Thursday 12/3	Friday 12/4	Saturday 12/5	Sunday 12/6
<u>Breakfast</u> Omelet Mixed Berry Applesauce Cup Cereal 100% Fruit Juice Milk Choice	French Toast Sticks Diced Pear Bowl Cereal 100% Fruit Juice Milk Choice	Breakfast Burrito Diced Pineapple Cereal 100% Fruit Juice Milk Choice	Biscuit & Gravy Tropical Fruit Cereal 100% Fruit Juice Milk Choice	Coffeecake Mandarin Oranges Cereal 100% Fruit Juice Milk Choice	Oatmeal w/ brown sugar Raisins Cereal 100% Fruit Juice Milk Choice	Pizza Bagel Diced Peach Bowl Cereal 100% Fruit Juice Milk Choice
<u>Lunch</u> Bosco Sticks w/ Marinara Sauce Baby Carrots Romaine Salad Fresh Banana Fruit Cocktail Milk Choice	Cowboy Cavatini Tortilla Chips Guacamole Fiesta Black Beans Mexican Churro Fresh Strawberries Milk Choice	Hot Ham & Cheese on a Whole Grain Bun Sliced Beets Veggie Power Slaw Fresh Orange Craisins Milk Choice	Chili Saltine Crackers Cornbread Muffin Corn Salad Cherry Applesauce Milk Choice	Cheesy Tuna Noodles Fresh Red Bell Pepper Strips Steamed Corn Crackers w/ Spinach Artichoke Dip Fresh Pear Milk Choice	Meatball Stroganoff Parmesan Garlic Cauliflower Sun Chips Fresh Cantaloupe Milk Choice	Chicken Quesadilla Cilantro Lime Rice Celery Sticks Fresh Broccoli w/ Light Ranch Dip Pita Chips Fresh Grapes Milk Choice
<u>Supper</u> Mexican Taquitos w/ cheese sauce Spanish Rice Fiesta Corn & Black Beans Mixed Fruit Bowl Milk	Little Smokies Mac & Cheese Whole Wheat Roll Calico Beans Fruited Gelatin Milk	<i>Cook's Choice</i> Steamed Broccoli Cheese Focaccia Oatmeal Crème Pie Fruit Cocktail Milk	Pizza Casserole Garlic Breadsticks Salad w/ Housemade Ranch Pretzel Salad Milk	Chili Cheese Coney French Fries Honey-Glazed Carrots Spicy Apples Milk	Whole Grain Chicken Breast Strips 3-Bean Salad Sweet Potato Chips Cookie Diced Peaches Milk	Ravioli Garlic Toast Peas & Carrots Animal Crackers Fresh Banana Milk

"This institution is an equal opportunity provider."

**Menu subject to change*