

BREAKFAST & LUNCH MENU
WEEK #3 LAKEMARY
Nov 9-15, 2020

Monday 11/9	Tuesday 11/10	Wednesday 11/11	Thursday 11/12	Friday 11/13	Saturday 11/14	Sunday 11/15
<u>Breakfast</u> Omelet Mixed Berry Applesauce Cup Cereal 100% Fruit Juice Milk Choice	French Toast Sticks Diced Pears Cereal 100% Fruit Juice Milk Choice	Breakfast Burrito Diced Peaches Cereal 100% Fruit Juice Milk Choice	Biscuit & Gravy Diced Pineapple Cereal 100% Fruit Juice Milk Choice	Coffeecake Mandarin Oranges Cereal 100% Fruit Juice Milk Choice	Oatmeal w/ brown sugar Raisins Cereal 100% Fruit Juice Milk Choice	Breakfast Pizza Diced Peach Bowl Cereal 100% Fruit Juice Milk Choice
<u>Lunch</u> Bosco Sticks w/ Marinara Sauce Fresh Red Bell Pepper Strips Romaine Salad Fresh Banana Fruit Cocktail Milk Choice	Cowboy Cavatini Tortilla Chips Guacamole Fiesta Black Beans Mexican Churro Fresh Strawberries Milk Choice	Hot Ham & Cheese on a Whole Grain Bun Sliced Beets Veggie Power Slaw Fresh Orange Craisins Milk Choice	Chili Saltine Crackers Cornbread Bowl Corn Salad Cherry Applesauce Milk Choice	Kitchen-Fav Meatloaf Mashed Potatoes & Gravy Dinner Roll w/ butter Green Beans Fresh Apple Slices Milk Choice	Meatball Stroganoff Parmesan Garlic Cauliflower Sun Chips Fresh Cantaloupe Milk Choice	Chicken Quesadilla Cilantro Lime Rice Cherry Tomatoes Fresh Broccoli w/ Light Ranch Dip Pita Chips Fresh Grapes Milk Choice
<u>Supper</u> Mexican Taquitos w/ cheese sauce Spanish Rice Fiesta Corn & Black Beans Mixed Fruit Bowl Milk	Fish Sandwich on Bun Tartar Sauce Potato Chips Coleslaw Diced Pineapple Milk	<i>Cook's Choice</i> Steamed Broccoli Cheese Focaccia Oatmeal Crème Pie Fruit Cocktail Milk	Burritos w/cheese sauce Tossed Salad Blue Corn Tortilla Chips Diced Peaches Milk	Cheese Pizza Crackers w/ Spinach Artichoke Dip Celery Sticks Cottage Cheese Diced Pear Bowl Milk	Whole Grain Chicken Breast Strips 3-Bean Salad Sweet Potato Chips Cookie Applesauce Milk	Ravioli Garlic Toast Peas & Carrots Animal Crackers Fresh Banana Milk

"This institution is an equal opportunity provider."

**Menu subject to change*