

BREAKFAST & LUNCH MENU
WEEK #3 LAKEMARY
Jan 11-17, 2021

Monday 1/11	Tuesday 1/12	Wednesday 1/13	Thursday 1/14	Friday 1/15	Saturday 1/16	Sunday 1/17
<u>Breakfast</u> Omelet Mixed Berry Applesauce Cup Cereal 100% Fruit Juice Milk Choice	French Toast Sticks Diced Peach Bowl Cereal 100% Fruit Juice Milk Choice	Biscuit & Gravy Diced Pineapple Cereal 100% Fruit Juice Milk Choice	Mini Babycakes Sausage Link Tropical Fruit Cereal 100% Fruit Juice Milk Choice	Apple Oat Muffin Mandarin Oranges Cereal 100% Fruit Juice Milk Choice	Oatmeal w/ brown sugar Raisins Cereal 100% Fruit Juice Milk Choice	Strawberry Splash Mini Pancakes Diced Pear Bowl Cereal 100% Fruit Juice Milk Choice
<u>Lunch</u> Pizza Sticks w/ Marinara Sauce Romaine Salad Grape Tomatoes Fresh Banana Fruit Cocktail Milk Choice	Cowboy Cavatini Tortilla Chips Salsa Fiesta Black Beans Mexican Churro Fresh Strawberries Milk Choice	Hot Ham & Cheese on a Whole Grain Bun Steamed Carrots Potato Salad Fresh Orange Craisins Milk Choice	Chili Saltine Crackers Cornbread Muffin Corn Salad Cherry Applesauce Milk Choice	Cheesy Tuna Noodles Green Beans Fresh Red Bell Pepper Strips Crackers w/ Spinach Artichoke Dip Fresh Pear Milk Choice	Meatball Stroganoff Parmesan Garlic Cauliflower Sun Chips Applesauce Milk Choice	Chicken Quesadilla Long Grain & Wild Rice Celery Sticks Fresh Broccoli w/ Light Ranch Dip Pita Chips Fresh Grapes Milk Choice
<u>Supper</u> Chicken Pot Pie Roasted Root Veggies Sesame Crackers Mixed Fruit Bowl Milk	Little Smokies Mac & Cheese Whole Wheat Roll Calico Beans Fruited Gelatin Milk	<i>Cook's Choice</i> Steamed Broccoli Cheese Focaccia Oatmeal Crème Pie Diced Peaches Milk	Pizza Casserole Garlic Breadsticks Salad w/ Housemade Ranch Pretzel Salad Milk	Soft Tacos w/ lettuce, tomato, cheese, & salsa Refried Beans Spicy Apples Milk	Veggie Lasagna Baked Zucchini Sticks Angel Food Cake w/ Whip Topping & Strawberries Milk	Salisbury Steak w/ Gravy Mashed Potatoes California Blend Veggies Cookie Fresh Banana Milk

"This institution is an equal opportunity provider."

**Menu subject to change*