

BREAKFAST & LUNCH MENU
WEEK #3 LAKEMARY
Feb 1-7, 2021

Monday 2/1	Tuesday 2/2	Wednesday 2/3	Thursday 2/4	Friday 2/5	Saturday 2/6	Sunday 2/7
<u>Breakfast</u> Omelet Mixed Berry Applesauce Cup Cereal 100% Fruit Juice Milk Choice	French Toast Sticks Diced Pineapple Cereal 100% Fruit Juice Milk Choice	Biscuit & Gravy Diced Pear Bowl Cereal 100% Fruit Juice Milk Choice	Mini Babycakes Sausage Link Tropical Fruit Cereal 100% Fruit Juice Milk Choice	Apple Oat Muffin Cheese Stick Mandarin Oranges Cereal 100% Fruit Juice Milk Choice	Oatmeal w/ brown sugar Raisins Cereal 100% Fruit Juice Milk Choice	Strawberry Splash Mini Pancakes Diced Peach Bowl Cereal 100% Fruit Juice Milk Choice
<u>Lunch</u> Pizza Sticks w/ Marinara Sauce Romaine Salad Grape Tomatoes Fresh Banana Fruit Cocktail Milk Choice	Cowboy Cavatini Tortilla Chips Choice of Salsa or Guacamole Fiesta Black Beans Mexican Churro Fresh Strawberries Milk Choice	Hot Ham & Cheese on a Whole Grain Bun Steamed Carrots Potato Salad Fresh Orange Craisins Milk Choice	Chili Saltine Crackers Cornbread Muffin Corn Salad Cherry Applesauce Milk Choice	Cheesy Tuna Noodles Green Beans Fresh Red Bell Pepper Strips Crackers w/ Spinach Artichoke Dip Pear Halves Milk Choice	Pork Rib on Whole Wheat Bun Lettuce Tomato Slices Baked Beans Long Grain & Wild Rice Applesauce Milk Choice	Egg Salad Sandwich Cheese stick Baby Carrots Fresh Broccoli w/ Light Ranch Dip Sun Chips Fresh Grapes Milk Choice
<u>Supper</u> Chicken Pot Pie Roasted Root Veggies Sesame Crackers Mixed Fruit Bowl Milk	Little Smokies Mac & Cheese Whole Wheat Roll Calico Beans Fruited Gelatin Milk	Pizza Casserole Garlic Breadsticks Salad w/ Housemade Ranch Pretzel Salad Milk	<i>Cook's Choice</i> Steamed Broccoli Cheese Focaccia Oatmeal Crème Pie Diced Peaches Milk	Soft Tacos w/ lettuce, tomato, cheese, & salsa Refried Beans Spicy Apples Milk	Veggie Lasagna Baked Zucchini Sticks Angel Food Cake w/ Whip Topping & Strawberries Milk	Game Day Dinner: Baked Potato & Toppings Mozzarella Sticks w/ Marinara Celery & PB Apple Slices Milk

"This institution is an equal opportunity provider."

**Menu subject to change*