

BREAKFAST & LUNCH MENUS
WEEK #2 LAKEMARY
Feb 15-21, 2021

Monday 2/15	Tuesday 2/16	Wednesday 2/17	Thursday 2/18	Friday 2/19	Saturday 2/20	Sunday 2/21
<u>Breakfast</u> Sausage Egg Muffin Applesauce Cereal 100% Fruit Juice Milk Choice	Whole Grain Pancakes Low-Sodium Bacon Fruit Cocktail Cereal 100% Fruit Juice Milk Choice	Breakfast Potatoes & Eggs Diced Pineapple Cereal 100% Fruit Juice Milk Choice	Breakfast Pizza Mixed Fruit Bowl Cereal 100% Fruit Juice Milk Choice	Belgian Waffle Strawberries Cereal 100% Fruit Juice Milk Choice	Breakfast Burrito Fresh Orange Cereal 100% Fruit Juice Milk Choice	Sausage Biscuit Diced Pear Bowl Cereal 100% Fruit Juice Milk Choice
<u>Lunch</u> Chicken Egg Rolls sweet & sour sauce Steamed Rice Edamame Salad Stir-Fry Veggies Fresh Banana Diced Peach Bowl Milk Choice	Sloppy Joe on a Bun Steamed Carrots Potato Salad Fresh Orange Dried Fruit Blend Milk Choice	Pig in a Blanket Baked Beans Broccoli w/ Cheese Toasted Wheat Thins Warm Cinnamon Apples Milk Choice	Taco Soup Romaine Salad Chips & Guacamole Spanish Brown Rice Fresh Grapes Milk Choice	Fish Nuggets w/ tartar sauce Garlic & Herb Pasta w/ Veggies Red Pepper Strips Fresh Citrus Fruit Cup Milk Choice	Meat Calzone w/ Marinara Veggie Chips Green Peas Cherry Tomatoes Diced Peaches Milk Choice	Grilled Cheese Sandwich Soup Cucumber Slices Sunflower seeds Fresh Grapes Milk Choice
<u>Supper</u> Crisпитos Golden Corn Italian Pasta Salad Cottage Cheese Fresh Strawberries Milk	Cheesy Chicken & Rice Casserole Green Beans Whole Wheat Roll Hummingbird Cake Tropical Fruit Milk	Cook's Choice Carrots & Hummus Pita Chips Raspberry Mousse Cake Fresh Banana Milk	Chili Cheese Coney French Fries Honey-Glazed Carrots Coconut Cake Fresh Pear Milk	Bosco Sticks w/ Marinara Sauce 3-Bean Salad Black Forest Cake Frozen Fruity Cup Milk	Beef Fiestada Tossed Salad Black Beans Carrot Cake Fresh Apple Slices Milk	Chicken & Cheese Empanadas Rice & Quinoa Blend Chuck Wagon Corn Pudding Mandarin Oranges Milk

"This institution is an equal opportunity provider."

**Menu subject to change*