## BREAKFAST & LUNCH MENUS
### WEEK #2  LAKEMARY
### Aug 2-8, 2021

### Breakfast
- **Monday 8/2**
  - French Toast w/ syrup
  - Sausage Link
  - Fruit Cocktail
  - Cereal
  - 100% Fruit Juice
  - Milk Choice

- **Tuesday 8/3**
  - Breakfast Potatoes
  - Scrambled Eggs
  - Applesauce
  - Cereal
  - 100% Fruit Juice
  - Milk Choice

- **Wednesday 8/4**
  - Belgian Waffle w/ syrup
  - Diced Pineapple
  - Cereal
  - 100% Fruit Juice
  - Milk Choice

- **Thursday 8/5**
  - Breakfast Burrito
  - Mixed Fruit Bowl
  - Cereal
  - 100% Fruit Juice
  - Milk Choice

- **Friday 8/6**
  - Whole Grain Cinnamon Roll
  - Strawberries
  - Cereal
  - 100% Fruit Juice
  - Milk Choice

- **Saturday 8/7**
  - Breakfast Bagel Pizza
  - Fresh Orange
  - Cereal
  - 100% Fruit Juice
  - Milk Choice

- **Sunday 8/8**
  - Sausage Biscuit
  - Diced Pear Bowl
  - Cereal
  - 100% Fruit Juice
  - Milk Choice

### Lunch
- **Monday 8/2**
  - Cheese Tortellini w/ Marinara
  - Capri Veggie Blend
  - Melba Toast Crackers
  - Fresh Banana
  - Mandarin Oranges
  - Milk Choice

- **Tuesday 8/3**
  - Sloppy Joe on a Bun
  - Broccoli w/ Cheese
  - Roasted Redskin Potatoes
  - Fresh Grapes
  - Frozen Fruity Cup
  - Milk Choice

- **Wednesday 8/4**
  - Hot Dog & Fixin’s
  - Baked Beans
  - Baby Carrots
  - Toasted Wheat Thins
  - Warm Cinnamon Apples
  - Milk Choice

- **Thursday 8/5**
  - Cheeseburger
  - Homestyle Coleslaw
  - Seasoned Potato Wedges
  - Fresh Orange
  - Dried Fruit Blend
  - Milk Choice

- **Friday 8/6**
  - Chicken Strips
  - Potato Smiles
  - Green Beans
  - Sun Chips
  - Fresh Citrus Fruit Cup
  - Milk Choice

- **Saturday 8/7**
  - Chicken Tetrazzini
  - Angel Biscuit
  - Green Peas
  - Cherry Tomatoes
  - Creamy Vanilla Fruit Salad
  - Milk Choice

- **Sunday 8/8**
  - Stromboli Squares w/ Marinara Sauce
  - Garden Spinach Salad w/ honey Dijon dressing
  - Italian Green Beans
  - Pita Chips
  - Fresh Grapes
  - Milk Choice

### Supper
- **Monday 8/2**
  - Crispitos
  - Golden Corn
  - Italian Pasta Salad
  - Cottage Cheese
  - Fresh Strawberries
  - Milk

- **Tuesday 8/3**
  - Cheesy Chicken & Rice Casserole
  - Green Beans
  - Whole Wheat Roll
  - Spanakopita
  - Diced Pears
  - Milk

- **Wednesday 8/4**
  - **Cook’s Choice**
    - Mixed Veggies
    - Cheese Foccacia
    - Raspberry Mousse Cake
    - Fresh Banana
    - Fresh Grapes
    - Milk

- **Thursday 8/5**
  - Goulash
  - Steamed Carrots
  - Potato Chips
  - Coconut Cake
  - Fresh Grapes
  - Milk

- **Friday 8/6**
  - Bean & Cheese Burrito
  - Tossed Salad
  - Rice Pilaf
  - Black Forest Cake
  - Fresh Pear
  - Milk

- **Saturday 8/7**
  - Fish Nuggets w/ Tartar Sauce
  - Kettle Chips
  - Garlic & Herb Pasta w/ Veggies
  - Carrot Cake
  - Fresh Apple Slices
  - Milk

- **Sunday 8/8**
  - Chicken & Cheese Empanadas
  - Rice & Quinoa Blend
  - Chuck Wagon Corn Pudding
  - Mandarin Oranges
  - Milk

*Menu subject to change*

“This institution is an equal opportunity provider.”