

**BREAKFAST & LUNCH MENU**  
**WEEK #1 LAKEMARY**  
**Oct 18-24, 2021**

<b>Monday 10/18</b>	<b>Tuesday 10/19</b>	<b>Wednesday 10/20</b>	<b>Thursday 10/21</b>	<b>Friday 10/22</b>	<b>Saturday 10/23</b>	<b>Sunday 10/24</b>
<b><u>Breakfast</u></b> Western Omelet Diced Pear Bowl Cereal 100% Fruit Juice Milk Choice	Mini Blueberry Waffles w/ syrup Strawberry Applesauce Cup Cereal 100% Fruit Juice Milk Choice	Breakfast Crisпитos Diced Pineapple Cereal 100% Fruit Juice Milk Choice	Berry Yogurt Parfait Cereal 100% Fruit Juice Milk Choice	Coffeecake Diced Peaches Cereal 100% Fruit Juice Milk Choice	Sausage Pancake on a Stick Fruit Mix Bowl Cereal 100% Fruit Juice Milk Choice	Hashbrown & Eggs Cinnamon Applesauce Cup Cereal 100% Fruit Juice Milk Choice
<b><u>Lunch</u></b> PB&J Uncrustables Celery w/ Ranch Cottage Cheese Veggie Chips Mandarin Oranges Dried Fruit Blend Milk Choice	Pulled Pork Sandwich Baked Beans Coleslaw Multigrain Chips Strawberries & Pineapple Milk Choice	Taco Salad Salsa & Guacamole Refried Beans Spanish Brown Rice Pear Halves Milk Choice	Chicken Nuggets Curly Fries Honey-Glazed Carrots Panini Roll Melon Fruit Salad Milk Choice	Mini Meatball Sub Corn on the Cob Roasted Red Potato Wedges Fresh Banana Cherry Applesauce Milk Choice	Cowboy Cavatini Tortilla Chips Guacamole Fiesta Black Beans Mexican Churro Fresh Apple Slices Milk Choice	French Dip Biscuits Tri-Color Rotini Salad Red Pepper Strips Sweet Potato Chips Fresh Grapes Milk Choice
<b><u>Supper</u></b> Philly Steak Sandwich Broccoli & Cauliflower w/ Cheese sauce Bavarian Mini Pretzel Mixed Fruit Milk	Enchilada Casserole Blue Corn Tortilla Chips Salsa Spinach Salad Fresh Banana Milk	<b><i>Cook's Choice</i></b> Celery w/ Ranch Dip Tater Rounds Toasted Wheat Thins Fruit Cocktail Milk	Ham & Potatoes Green Beans Wheat Dinner Roll Vanilla Wafers Mango Mousse Cake Milk	Chili Cheese Coney French Fries Baby Carrots Fresh Strawberries Ambrosia Salad Milk	Chicken Patty on Whole Grain Bun Sliced Tomatoes Potato Fry Smiles Berrycino Mousse Diced Pineapple Milk	Ravioli Garlic Toast Peas & Carrots Raspberry Mousse Cake Diced Peach Bowl Milk

"This institution is an equal opportunity provider."

*\*Menu subject to change*