**BREAKFAST & LUNCH MENUS**  
**WEEK #2 LAKEMARY**  
**Sept 13-19, 2021**

<table>
<thead>
<tr>
<th>Monday 9/13</th>
<th>Tuesday 9/14</th>
<th>Wednesday 9/15</th>
<th>Thursday 9/16</th>
<th>Friday 9/17</th>
<th>Saturday 9/18</th>
<th>Sunday 9/19</th>
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</thead>
</table>
| **Breakfast**| Breakfast Potatoes  
French Toast  
Sausage Link  
Fruit Cocktail  
100% Fruit Juice  
Milk Choice | Belgian Waffle  
Scrambled Eggs  
Applesauce  
Cereal  
100% Fruit Juice  
Milk Choice | Breakfast Burrito  
Mixed Fruit Bowl  
Cereal  
100% Fruit Juice  
Milk Choice | Whole Grain Cinnamon Roll  
Strawberries  
Cereal  
100% Fruit Juice  
Milk Choice | Breakfast Bagel Pizza  
Fresh Orange  
Cereal  
100% Fruit Juice  
Milk Choice | Sausage Biscuit  
Diced Pear Bowl  
Cereal  
100% Fruit Juice  
Milk Choice |
|              |               |               |               |              | Saturday 9/18  | Sunday 9/19  |
|              |               |               |               |              | Breakfast Bagel Pizza  
Fresh Orange  
Cereal  
100% Fruit Juice  
Milk Choice | Sausage Biscuit  
Diced Pear Bowl  
Cereal  
100% Fruit Juice  
Milk Choice |

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<th>Lunch</th>
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</table>
| Cheese Tortellini  
Broccoli w/ Cheese  
Roasted Redskin Potatoes  
Fresh Grapes  
Frozen Fruity Cup  
Milk Choice | Sloppy Joe on a Bun  
Baby Carrots  
Warm Cinnamon Apples  
Milk Choice | Cheeseburger  
Baked Beans  
Seasoned Potato Wedges  
Fresh Orange  
Dried Fruit Blend  
Milk Choice | Chicken Strips  
Green Beans  
Sun Chips  
Fresh Citrus Fruit Cup  
Milk Choice | Chicken Tetrazzini  
Angel Biscuit  
Green Peas  
Cherry Tomatoes  
Creamy Vanilla Fruit Salad  
Milk Choice | Stromboli Squares w/ Marinara Sauce  
Garden Spinach Salad  
Fresh Grapes  
Milk Choice |
|              |               |               |               |              |               |               |
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<th>Supper</th>
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| Crispitos  
Golden Corn  
Italian Pasta Salad  
Cottage Cheese  
Fresh Strawberries  
Milk | Cheesy Chicken & Rice Casserole  
Green Beans  
Whole Wheat Roll  
Spanakopita  
Diced Pears  
Milk | **Cook’s Choice**  
Mixed Veggies  
Cheese Foccacia  
Raspberry Mousse Cake  
Fresh Banana  
Milk | Goulash  
Steamed Carrots  
Potato Chips  
Coconut Cake  
Fresh Grapes  
Milk | Bean & Cheese Burrito  
Tossed Salad  
Rice Pilaf  
Black Forest Cake  
Fresh Pear  
Milk | Fish Nuggets  
w/ Tartar Sauce  
Kettle Chips  
Garlic & Herb Pasta w/ Veggies  
Carrot Cake  
Fresh Apple Slices  
Milk | Chicken & Cheese Empanadas  
Rice & Quinoa Blend  
Kettle Corn  
Chocolate Pudding  
Mandarin Oranges  
Milk |
|              |               |               |               |              |               |               |

*Menu subject to change*  
“This institution is an equal opportunity provider.”