

BREAKFAST & LUNCH MENU
WEEK #3 LAKEMARY
Sept 20-26, 2021

Monday 9/20	Tuesday 9/21	Wednesday 9/22	Thursday 9/23	Friday 9/24	Saturday 9/25	Sunday 9/26
<u>Breakfast</u> Apple-Cinnamon Oat Breakfast Round Mixed Berry Applesauce Cup Cereal 100% Fruit Juice Milk Choice	French Toast Sticks Diced Pineapple Cereal 100% Fruit Juice Milk Choice	Biscuit & Gravy Diced Pear Bowl Cereal 100% Fruit Juice Milk Choice	Mini Babycakes Sausage Link Strawberries Cereal 100% Fruit Juice Milk Choice	Apple Oat Muffin Cheese Stick Mandarin Oranges Cereal 100% Fruit Juice Milk Choice	Oatmeal w/ brown sugar Fresh Blueberries Raisins Cereal 100% Fruit Juice Milk Choice	Homemade Pancakes w/ chocolate chips w/ syrup Diced Peach Bowl Cereal 100% Fruit Juice Milk Choice
<u>Lunch</u> French Bread Pizza Red Bell Pepper Strips Seasoned Asparagus Melon Fruit Salad Crackers w/ Spinach Artichoke Dip Milk Choice	Chicken Alfredo Caesar Salad w/ Herb Croutons Grape Tomatoes Garlic Breadstick Royal Brownie Pear Halves Milk Choice	Beef Lo Mein Vegetable Spring Roll Fortune Cookie Fresh Banana Mandarin Oranges Milk Choice	Honey BBQ Chicken Baked Beans Celery w/ Ranch Dip Southern-Style Biscuit Warm Cinnamon Apples Milk Choice	Chicken Salad on Croissant Sun Chips Baby Carrots Potato salad Mango-Berry-Ana Fruit Salad Milk Choice	Super Nachos Mexican Corn Southwestern Lentils Cheesecake Chimichanga Fresh Grapes Milk Choice	Chicken Quesadillas Cilantro Lime Rice Cherry Tomatoes Fiesta Black Beans Applesauce Milk Choice
<u>Supper</u> Chicken Pot Pie Italian Blend Veggies Sesame Crackers Tiramisu Cake Mixed Fruit Bowl Milk	PB&J Uncrustables Baby Carrots Cottage Cheese Vanilla Wafers Diced Peaches Milk	Sloppy Joe Pasta Garlic Toast Salad w/ Housemade Ranch Pineapple-Walnut Delight Salad Milk	Soft Tacos w/ lettuce, tomato, cheese, & salsa Refried Beans Fruited Gelatin Milk	Bosco Sticks w/ Marinara Sauce Romaine Salad Marinated Cucumber Salad Fruit Cocktail Milk	Salisbury Steak w/ Gravy Mashed Potatoes California Veggies Cookie Fresh Banana Milk	Corn Dogs Corn Chips Coleslaw Angel Food Cake w/ Whip Topping & Strawberries Milk

"This institution is an equal opportunity provider."

**Menu subject to change*